

## Aesthetics at GTOC

**Peter J. Sneed, M.D.** Oculoplastic and Reconstructive Surgeon, received his undergraduate degree from Augustana University and his medical degree from the University of South Dakota School of Medicine. After an ophthalmology residency at Henry Ford Hospital, he completed a Fellowship in Oculoplastic and Reconstructive surgery at The Wills Eye Hospital in Philadelphia. Dr. Sneed is board certified with both the American Academy of Ophthalmology ([www.aaao.org](http://www.aaao.org)) and the American Society of Oculoplastic and Reconstructive Surgeons ([www.asoprs.org](http://www.asoprs.org)). With over 22 years and 10,000+ Oculoplastic procedures, Dr. Sneed will share his experience and expertise with you.

**Kimberly S. Hope, R.N.** earned her registered nurse diploma from Fairview Hospital School of Nursing in Minneapolis, MN. She received advanced training in Lasers and Intense Pulse Light (IPL) treatments from the University of Kansas. She became an Expert Injector after earning advanced certifications from the Aesthetic Procedures Institute, P.A.L.E.T.T.E. Resources, Allergan, Medcis and Merz Aesthetics. Kimberly has more than 15 years of experience working in medical aesthetics and is a member of the American Society of Plastic Surgical Nurses ([www.aspsn.org](http://www.aspsn.org)) and the American Society for Laser Medicine and Surgery. [www.aslms.org](http://www.aslms.org)

**Nancee Sexton-Stone** earned her aesthetician license from Culver City Cosmetology School in Los Angeles and the International Dermal Institute in Torrance, CA. She has more than 10 years of skin care experience and specializes in facials, microdermabrasion, lash tinting, waxing services, and skin care and cosmetic consultations.



**Peter J. Sneed, M.D.**  
Oculoplastic &  
Reconstructive Surgeon  
[www.asoprs.org](http://www.asoprs.org)



**Kimberly Seaton Hope,**  
Registered Nurse



**Nancee Sexton-Stone**  
Licensed Aesthetician

## Welcome to GTOC

Grand Traverse Ophthalmology Clinic is a full-service eye care clinic that has been serving Northern Michigan for more than 70 years. GTOC provides professional services and products for every individual, from comprehensive eye exams and contact lens services to the most advanced testing and surgical procedures. Our optical department offers an extensive selection of designer frames and exceptional customer service.



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See for yourself.



[gtoc.net](http://gtoc.net)

## Aesthetic Services



It is said that the eyes are the windows to the soul. We do windows and more. The skin can undergo change with time, requiring special care and attention.

GTOC's aesthetic surgical procedures, services, and products will help restore and preserve your changing skin. See what we can do for you today!

### Aesthetics at GTOC

Professional services and products for healthy skin so you "look on the outside how you feel on the inside."







## Medical Skin Care at GTOC

At GTOC we believe your skin care services should be personalized to address your own specific skin care needs. Whether your goal is fresher looking skin, reducing hyperpigmentation, acne, sensitive skin, or aging we have treatments, products and skin care services designed to address your specific concerns.

### ***Botox®, Dysport®, Xeomin®***

Also known as neurotoxins, they continue to be the #1 most popular cosmetic treatment in the world for reduction in the appearance of fine lines and wrinkles. Neurotoxins are also a great treatment for excessive sweating.

### ***Fillers (Restylane-L®, Restylane Silk®, Restylane Lyft®, Juvederm Ultra®, Voluma®, Belotero®)***

Fillers are one of the top 5 cosmetic procedures in the United States for men and women and continue to grow in popularity. Replace volume loss, add fullness to the face and lips, define cheek bones and jawlines, soften fine lines and wrinkles, and restore a younger appearance.

### ***Fractional CO2 DEKA SmartXide Laser***

Fractionated lasers are one of the latest advances in skin rejuvenation treatments. With a short recovery period (usually 3-7 days) improvement in the skin's texture, laxity, wrinkles, blotchiness, acne scarring, and collagen stimulation can be achieved.

### ***Laser Hair Removal***

Laser Hair Removal treatments are a safe, effective option for permanently reducing unwanted hair. This can be a life changing treatment for men and women of all ages who struggle with this common problem.

### ***Intense Pulsed Light (IPL)***

IPL is a safe and effective treatment to erase sun damage (brown spots and wrinkles), reduce redness (rosacea), minimize blood vessels or capillaries, treat acne and acne scarring, and has little to no downtime.

### ***Chemical Peels***

One of our most popular treatments, peels are still one of the best options to improve the color, tone and texture of the skin with minimal to no downtime. We have peels for every skin type and for a variety of skin conditions.

### ***Diamond Tip Microdermabrasion***

Diamond tip Microdermabrasion is a treatment designed to decongest the skin, improve the skin surface and encourage cellular turnover, without any downtime. Can be combined with a chemical peel for a more results oriented treatment.

### ***Dermaplaning***

Dermaplaning is a safe and simple procedure for exfoliating the epidermis (outermost layer) and ridding the skin of vellus (peach fuzz) hair, without any downtime. This painless procedure, leaves your skin silky smooth. Can be combined with a facial or peel for optimum results.

### ***MicroNeedling***

MicroNeedling, also known as MicroChanneling, is one of the newest and most sought after skin rejuvenating treatments with minimal to no downtime. Benefits include reduction of fine lines, wrinkles, stretchmarks, and acne scarring, as well as improved skin texture, tone, and elasticity, from collagen stimulation.

The skin around the eyes can undergo change with time and requires care and attention. Aesthetic services can help.



**Teoxane®** - These products use the same cross-linked Hyaluronic Acid as a dermal filler and the RHA serum is often referred to as a topical filler, moisturizing and plumping the skin.

**SKIn3®** - Known for it's patented formula with peptides and antioxidants, these products address the visual signs of aging with TruCollagen and Resilient Hyaluronic Acid.

**Glytone®** - Combines cosmetic and pharmaceutical expertise, bringing elegantly engineered, affordable skin care with real results and healthy skin.

**Avene®** - Known as the expert in sensitive skin, these Dermatologist recommend products use Avene thermal spring water as the key ingredient.

**Sanitas®** - Strives to improve the health of your skin with products never tested on animals and always free of parabens, phthalates, gluten and harsh preservatives.

**Jane Iredale®** - Mineral make-up that looks good, feels good and is good for your skin.

### **ADDITIONAL TREATMENT OPTIONS:**

- **Acne Treatment**
- **Lunch Time Facial**
- **Classic Facial**
- **Signature Facial**
- **Waxing**
- **Tinting (brow or lash)**
- **Latisse® and AlphaLash® - Eye Lash Enhancement**