



The skin around the eyes can undergo change with time and requires care and attention. Aesthetic services can help.

PROTECTING AND PRESERVING

Avene® Skin Care Products

Avène

A full range of skin care products dedicated to sensitive skin. The Avene® skin care product line was created to capture the healing benefits of the Avene Thermal spring water, located in France, to soothe sensitive skin conditions worldwide. www.avenne.com

Sanitas

sanitas
SKINCARE

Sanitas products feature active paraben-free and preservative free ingredients in highly concentrated amounts that stimulate and nourish skin tissue. The end result is healthy, beautiful skin. www.sanitas-skincare.com

Methode Physiadermie Skin Care

M E T H O D E
PHYSIADERMIE

The Methode Physiadermie skin care line was developed in Switzerland and consists of a variety of products with the highest-quality ingredients. These ingredients include essential oils that are encapsulated and released at different layers of the skin. All skin types and conditions can improve with the Methode Physiadermie skin care line.

Clarisonic® Skin Brushes

Clarisonic® Skin Care brushes originated from the same technology as the Sonicare toothbrush. Clarisonic's soft, gentle brush oscillates back and forth more than 300 times per second. Benefits include better skin care product absorption, softer skin, reduction in oily areas and dry patches, and the smaller appearance of pores. Skin is left soft, radiant, and healthy. www.clarisonic.com

THE FINISHING TOUCHES

Jane Iredale Mineral Cosmetics

The Jane Iredale mineral cosmetic line is a highly sophisticated blend of minerals and pigments. Products are non-comedogenic, virtually allergy free, anti-inflammatory, water resistant, provide broad-spectrum skin protection, contain no talcs and are not tested on animals.

Additional Skin Care Products

Neocutis, Meg21 & Colorescience



Aesthetics at GTOC

Peter J. Sneed, M.D. Oculoplastic and Reconstructive Surgeon, received his undergraduate degree from Augustana College and his medical degree from the University of South Dakota School of Medicine. After an ophthalmology residency at Henry Ford Hospital, he completed a Fellowship in Oculoplastic and Reconstructive surgery at The Wills Eye Hospital in Philadelphia. Dr. Sneed is board certified with both the American Academy of Ophthalmology (www.aao.org) and the American Society of Oculoplastic and Reconstructive Surgeons (www.asopr.org). He is also a founder in the new healthy lifestyle healthcare company, Alphaeon. (www.alpheon.com)

Kimberly S. Hope, R.N. earned her registered nurse diploma from Fairview Hospital School of Nursing in Minneapolis, MN. She received advanced training in Lasers and Intense Pulse Light (IPL) treatments from the University of Kansas. She became an Expert Injector after earning advanced certifications from the Aesthetic Procedures Institute, P.A.L.E.T.T.E. Resources, Allergan, Medicis and Merz Aesthetics. Kimberly has more than 15 years of experience working in medical aesthetics and is a member of the American Society of Plastic Surgical Nurses (www.aspsn.org) and the American Society for Laser Medicine and Surgery (www.aslms.org).

Nancee Sexton-Stone earned her aesthetician license from Culver City Cosmetology School in Los Angeles and the International Dermal Institute in Torrance, CA. She has more than 10 years of skin care experience and specializes in facials, microdermabrasion, lash tinting, waxing services, and skin care and cosmetic consultations.



Peter J. Sneed, M.D.
Oculoplastic &
Reconstructive Surgeon
www.asopr.org



Kimberly Seaton-Hope,
Registered Nurse



Nancee Sexton-Stone
Licensed Aesthetician

Welcome to GTOC

Grand Traverse Ophthalmology Clinic is a full-service eye care clinic that has been serving Northern Michigan for more than 70 years. GTOC provides professional services and products for every individual, from comprehensive eye exams and contact lens services to the most advanced testing and surgical procedures. Our optical department offers an extensive selection of designer frames and exceptional customer service.



Kenneth H. Musson, M.D. M.S.
Matthew P. Madion, M.D.
Peter J. Sneed, M.D.
Petra von Kulajta, M.D.
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See for yourself.



www.gtoc.net

Aesthetic Services



It is said that the eyes are the windows to the soul.

We do windows and more. The skin can undergo change with time, requiring special care and attention.

GTOC's aesthetic surgical procedures, services, and products will help restore and preserve your changing skin. See what we can do for you today!

Aesthetic Services

Safe, gentle services and professional products for healthy skin and a more confident you!



Medical Skin Care at GTOC

FACIALS

Facials are a very relaxing and rejuvenating experience. Regular facials are also beneficial for acne or rosacea-prone skin, excessively dry or oily skin, clogged pores, congested or toxin-exposed skin (smoking, pollutants, etc.), lax or loose skin, and wrinkles.

Lunchtime Facial

Service includes a thorough skin cleansing, exfoliation, mask and a hand massage. Designed for people on the go. (30 minutes)

Classic Facial

Service includes a thorough skin cleansing, exfoliation, and extractions (if needed), a skin-specific mask, plus a complete facial, neck, shoulder, arm, and hand massage. (60 minutes)

Signature Facial

Service includes all of the treatment steps outlined in the Classic facial plus skin-specific treatments tailored to address your individual skin care needs. (75 minutes)

Acne Treatment

For anyone experiencing acne breakouts. This treatment includes cleansing, exfoliation, extractions, and mask. Treatment includes consult about prevention, treatment, and skin care options available. (45 minutes)

Microdermabrasion Skin Resurfacing

A safe, gentle treatment that buffs the outer-most layer of skin, while stimulating the elastic tissue and is beneficial for *most* skin types.



LASERS AND LIGHT TREATMENTS

DEKA Dot Fractionated Laser Skin Resurfacing

Unlike any other skin resurfacing CO2 laser, the SmartXide DOT laser system is unique because it ablates a customized pattern of tiny, micro-sized dots, rather than the entire skin surface that results in excellent improvement in the skin's texture, laxity, wrinkles, and acne scars with a very short recovery (usually 4 to 7 days).

- Improve crow's feet around the eyes
- Soften pucker marks and frown lines
- Remove brown spots and splotchy, uneven skin color
- Improve and flatten scars
- Repair smoker's lines

Intense Pulse Light (IPL) skin Care Treatments

Intense pulse light (IPL) treatments are a popular choice for skin rejuvenation and enhancing skin tone. IPL is particularly effective for treating dilated capillaries, brown spots, freckles, hyperpigmentation, rosacea, spider veins, birthmarks, sun spots, and acne scars. Treatments are typically conducted in a series at three-week intervals and the skin begins to take on a more youthful and clear appearance after the first few sessions.

Laser Hair Removal

Laser hair removal treatments are a safe, fast, gentle, and effective option for men and women of all ages who struggle with unwanted hair. The advanced technology of laser hair removal transcends older, temporary solutions such as tweezing, shaving, waxing or bleaching. Laser hair removal uses laser energy to gently, yet permanently, reduce unwanted hair. Results will vary depending on skin and hair color as well as other individual factors.

PEELS

Chemical Peels

GTOC offers several types of chemical peels for the face, eyes, lips, neck, décolleté, and hands. Peels can be beneficial in helping with aging (brown spots, wrinkles, uneven pigmentation), rosacea (redness and visible capillaries), excessive oiliness, pore size, and acne.

Micropeel

A micropeel combines the manual exfoliating benefits of microdermabrasion with the lightening, brightening, and pore-minimizing benefits of a glycolic peel for the ultimate "after glow."

INJECTABLES

BOTOX® / Dysport® / Xeomin®

Neuromodulators are the #1 non-surgical cosmetic treatment performed in the United States. Botox®, Dysport®, and Xeomin® work to relax muscle movement to temporarily reduce or eliminate frown lines, forehead creases, crow's feet, skin bands on the neck, and lip lines. The results last approximately 3-4 months.

Dermal Fillers - (Restylane®, Juvederm®, Radiesse®, Belotero®, Voluma®)

Fillers are injectable treatments used to restore volume loss as a result of the aging process. They are a great alternative to surgery and can add fullness to the face, plump lips, enhance shallow contours, and soften facial creases and wrinkles. Fillers are not permanent, but can last from 6 months to 2 years depending on the treatment.

WAXING / TINTING

Waxing

Professionally shaped brows will help accentuate your eyes and frame your face. Facial hair waxing, while not permanent, provides longer lasting results than shaving and tweezing.

Tinting (brow or lash)

Tinting is a great option for those with a sensitivity to mascara. Tinting involves the semi-permanent coloring of eyelashes or brows. Touch-ups are generally done every two to four weeks.

PROFESSIONAL PRODUCTS

Teoxane Cosmeceuticals™



Teoxane cosmeceuticals is the only skin care brand with crossed linked hyaluronic acid, the same used in our dermal filler injections. Thanks to the highest concentration of RHAT™ (Resilient Hyaluronic Acid) combined with a patented combination of powerful antioxidants, the skin is 97% better hydrated, 94% brighter, and 91% smoother. Dermal fillers add volume from the inside out, while Teoxane works from the outside in to help fill in some of the fine lines and give the skin a lifted, toned and more youthful appearance. Only available from GTOC and other Alphaeon physicians. Teoxane visibly reduces the signs of aging. (www.teoxane.com)

- Formulas tested under medical control
- Efficacy and tolerance assessed by dermatologists
- No paraben. No phenoxyethanol
- Swiss-made excellence

Glytone® Skin Care Products



The physicians-only product line, GLYTONE® is the only skin care line that provides a customized step approach. GLYTONE® is formulated with the highest free acid in-office treatments and at-home regimens that work synergistically to maximize product efficacy and skin tolerability, giving you visible, long lasting results. www.glytone-usa.com

Latisse®



Latisse® is the first FDA-approved prescription treatment to grow eyelashes, making them longer, thicker, and darker. Latisse is available by prescription only. For more information and potential risks, please consult one of our GTOC professionals. www.latisse.com